

## ABA Therapy & Autism

ABA therapy is considered an evidence-based treatment by the US Surgeon General and the American Psychological Association. This means that the teaching techniques used in ABA therapy have been tested and proven to be effective in helping individuals with Autism Spectrum Disorder (ASD) with increasing important skills & decreasing behaviors such as aggression & self-injury.



## Considering ABA?

Do you think your child may benefit from ABA? Please contact our dedicated evaluation coordinators who can guide you through the evaluation process!



## What is Applied Behavior Analysis (ABA)?



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## What is ABA?

ABA therapy is based on the science of how human behavior works. In ABA the term "behavior" refers to all observable behavior, not just challenging behavior. ABA therapy uses the science of how environment impacts behavior to teach behavioral skills related to social interaction, communication, school readiness, and self-care. ABA therapy is also effective in decreasing behavior that can impede an individual's quality of life — such as, physical aggression, self-injury, and elopement — by seeking to understand why the behavior is occurring and teaching replacement behaviors.

ABA focuses on teaching the child what to do instead of what not to do.

ABA is a data driven therapy. Data is collected each time a skill is practiced or a challenging behavior occurs, and this information is used both to monitor the effectiveness of treatment and to guide treatment plans that are unique to the individual's needs.

## What Does ABA Therapy Look Like?

At TLC Kids Therapy, we believe that children & families are best served by a holistic approach. Our ABA staff works closely with our skilled team of occupational therapists, physical therapists, & speech language pathologists who coordinate & collaborate to provide the best service to meet each child's unique needs.

At TLC, we know the importance

of play in learning new skills & have created a fun and supportive environment for children to learn.

Each ABA treatment program is individualized to the needs of the child and is implemented by a Registered Behavior Technician (RBT) under the supervision of a Board Certified Behavior Analyst (BCBA).

Family participation is an important piece of a child's ABA program. Parent training is available to assist parents in implementing teaching techniques in the home and to ensure that skill acquisition carries over to all environments.

ABA with TLC Kids Therapy strives to be a blessing to each child and family who comes through our doors!